

Red Tail Review

Back to School
August, 2022

Tamalpais High School



From the Principal's Perch

Once again we would like to welcome you to the 2022-23 school year. We are excited to have everyone on campus this week. Please make sure you review the bell schedule for Wednesday, Thursday, and Friday. We want to start the school year strong, so take a few moments to make sure you and your student are prepared.

Schedule Distribution

9th Grade Students - Students received a printed schedule at Orientation on Friday, August 12th. You will also be sent information from the district about how to log into ParentVue/StudentVue, which will be an important portal for checking grades, and schedules moving forward.

10th -12th Grade Students - If you are a new student, you will receive a communication from our District regarding how to log in, and activate your StudentVue account. Returning students, the **FINAL VERSIONS of student schedules will be available on Monday, August 15th, after 5:00 p.m.**

Course Change Requests

These requests will be made ONLY in the following situations:

- You have a hole in your schedule and it reads "SEE COUNSELOR"
- A computer ERROR in the schedule- duplicate classes listed

Upcoming Events

- Aug. 6:** Beautification Day, 9-1
Aug. 8: Fall Sports begin
Aug. 12: Freshmen Orientation/Parent Kickoff
Aug. 15: Staff Development Day
Aug. 16: Teacher workday
Aug. 17: First day of School!



- A missing graduation requirement/change in status because of summer courses - transcripts needed for proof of completion
- Academic misplacement according to placement tests/teacher recommendation - note from a teacher

Wednesday - Friday - August 17th - 19th

Counselors are actively reviewing schedules for any errors. Students with a **See Your Counselor** designation may come to the Counseling Office to be seen DURING THAT PERIOD only. We are not making course request changes, or teacher preference changes. Counselors are not available for appointments the first 3 days of school as they will be working with students.

Communication

- Visit our website at <https://www.tamdistrict.org/domain/418>
- Tam High Counseling and Wellness are both on Instagram. Please Follow the Counseling Department for up to date information and fun connections **@tamschoolcounseling** and our Wellness team **@tam.wellness**

Covid Protocol Update

Covid Update: Please click on [Family Letter](#) for the latest update on Covid Protocol.

Congratulations to Ben Cleaveland!



Congratulations to Marin County Teacher of the Year...Ben Cleaveland!!



jcfarr@tamdistrict.org

J.C. Farr, Ed.D. Principal

700 Miller Ave.

Mill Valley 94941

415-388-3292

Please visit our website at tamhigh.org for all the latest news at Tam or follow us on Twitter **@tamhigh** and **@tamhighprin** and Instagram **#farrprincipal**
 Tamalpais High School

For all the latest news at Tam, please be sure to read out [daily bulletin](#)



Same Faces, New Place

Nathan Bernstein, Dean

Over the last 7 years at Tam I have been a Social Studies Teacher, Varsity Baseball Coach, and Leadership teacher. Tam to me is a truly special place with an amazing staff and incredibly students. I look forward to this new role to continue to work to make Tam even better.



Alyssa Sandner, Intervention Specialist

Hello Tam Family! I am Alyssa Sandner, and I am excited to begin my 8th year at Tamalpais High School. In my previous role, I taught Science in an assortment of courses/disciplines over the years. I had the privilege this past year to work with an amazing district team developing Tam4ward, our new intervention framework rolling out at all district sites. I will oversee Tam high as the MTSS (multi-tiered support system) Intervention Coordinator to develop, implement and case manage intervention for our students. I also work as an after school tutor at Bridge the Gap, so I am hands-on in my approach to supporting all students. I am looking forward to working in my new role in service of our students, families, staff and community.



Patrick Collins-Bride, SPED

Hello, my name is Patrick Collins-Bride. Most of the students refer to me as "CB." I'm a Resource Specialist and 2022-23 will be my second year at Tam, previously as a Paraeducator. Born in San Francisco, I grew up across the bay in Alameda. I spent a decade away from home teaching and coaching in Florida and Indiana, before moving back home with my now wife, Sara. Outside of the classroom, I enjoy spending my free time cycling, fishing, and being with family. I love the game of baseball and have had the opportunity to play or coach in Japan, Canada, and more than 20 states, including Alaska. I'm excited to be part of the Tam community and I look forward to this school year!



Welcome New Staff!

Andy Lieberman, Assistant Principal

Work history:

I have been a jack of all trades, and master of none. I worked private sector from early teenage years until nearly 30 years old, then in non profit for some years and lastly and still in education. I have been a cook, waiter, carpenter, handyman, delivery driver and 10 years in the wine business as the manager for the Visitor Center At Korbel Champagne Cellars where I started at 21 years of age.

I did volunteer work later with a non profit organization called M.E.N.(Men Evolving Non-violently) in Sonoma County which worked with domestic violence. I was enthralled and went back to school to get my MA in counseling. During that time I worked in group homes becoming a house manager, went on to run the GRIP (Gang Risk Intervention Program) for Sonoma County and upon completion of my MA moved to Southern California where I would stay for quite some time working as a counselor, intervention teacher and administrator In Fontana Unified District first at primary, then middle and finally high school.



I finally made my way home and worked in Santa Rosa City Schools. I saw the ad for this position earlier this Summer and was excited about a lot of the work that is happening here, so I applied and here I am.

Life History:

I have a wide variety of things I enjoy. I have traveled to many parts of our country as well as many parts of the world. I am a runner, more recently a cyclist and even more recently a triathlete and a coach. I love to cook, play music, have deep intellectual and philosophical discussions and spend quality time with my partner and fellow endurance athlete Patty, my friends and my family.

I am excited to be here and get to know all of you!

Nathan Johnson, Athletic Director

I am the new Athletic Director at Tamalpais High School and was a former Physical Education teacher at Redwood High School. I grew up in Sonoma County and have always enjoyed spending my free time outdoors or playing some sort of sport. Mountain biking, hiking, rock climbing and eating good food are some of my hobbies. I look forward to meeting everyone at Tam! GO HAWKS!



Tara Ranzy, Assistant Principal



“Leadership is accepting the responsibility to create conditions that enable others to achieve shared purpose in the face of uncertainty”

~Marshall Ganz, 2008

It is a privilege to introduce myself as a new member of the Tamalpais High School community. I am both excited and honored to serve as an Assistant Principal in one of the top High Schools in the state. I am an experienced teacher, leader and founder of schools who has managed every aspect of school operations from designing schools from scratch to directing budgeting, strategic planning, goal setting, professional development, coaching, curriculum design, building and evaluating effective teams. The lessons that I have learned both in the classroom and as an administrator have undoubtedly prepared me for this opportunity.

As a teacher, my classroom served as a microcosm of the larger society. Students used their power to take risks, learn from failures, solve simple and complex problems, celebrate successes and most importantly encourage one another to lead. As a leader, my goal is to create a teaching and learning environment that is equally as flexible, engaging and purposeful: My hope is that every member of the school community feels welcomed, challenged and nurtured. Further, I believe wholeheartedly that careful attention to how we plan and prepare to advance our own learning is synonymous with student achievement. One of my priorities this year is to help build cultural and instructional programs that will support the cyclical nature of our roles as learners, teachers and leaders. I will leverage both our differences and our connections to help realize the mission of our school district to educate students to be critical thinkers who are caring, collaborative, and knowledgeable community members.

I look forward to meeting and getting to know you all!

Alberto Aparicio, World Language



I am a Spaniard from Madrid who came to San Francisco almost eight years ago. Love brought me here and love rules what I am passionate about: teaching my first language.

This 2022-23 school year will be my fifth one at TUHSD. I taught the last four years at Redwood HS and I am so excited to start a new chapter of my teaching career at Tam.

Outside the classroom, in my free time, I love cooking Spanish dishes for friends and family. My favorite outdoor activity is hiking. I enjoy long hikes in Marin County, exploring trails in Tennessee Valley, Stinson Beach and Bolinas.

Emma Keenan-Grice, Visual and Performing Arts



Hello! My name is Emma Keenan-Grice, but you can call me Ms. KG. I am excited to be joining the THS community! I grew up in San Francisco and I have moved back to the Bay Area after earning my BFA in Painting and Drawing and a minor in Art History from the University of Washington. I got my credential from SF State and am looking forward to the 2022-2023 school year with such a great school! In my spare time, I like to rock climb, camp, bike, paint, watch F1, and referee girl’s lacrosse. I look forward to meeting and getting to know all of you!

Michelle Ceja, Social Studies

Hello! My name is Michelle Ceja Chau and I am so excited to be teaching at Tamalpais High. I have been teaching for three years in Fruitvale, Oakland. I am originally from the greater Los Angeles area and graduated from Cal State University, Long Beach. I am a proud Latina first generation graduate, I am half Mexican and half Peruvian. Fun fact: the Chau in my name comes from my great grandfather who migrated from China to Peru!



I have an infinite love for traveling, nature, advocacy, music, and my cat, Nix. Named after the one and only, Stevie Nicks.

I’m look forward to be joining the Social Science department. My passion for history stems from wanting students to have a deeper understanding of the world around them so they can make bigger connections and ask critical questions to be informed individuals. I can’t wait to meet you!



Kelsey Holtzinger, Math

Hi my name is Kelsey and my students call me Zinger! This is my 8th year teaching and I am thrilled to be joining the Tam Family! I have taught everything from Algebra 1 to AP Stats and always coach a few sports during the year. I specialize in T&F/Jumping as that is what I ran in college. GO DUCKS! I have a MAT in music from Concordia in OR and a MAT in math from SCU in CA. I am an avid traveler and usually leave the country a few times a year, and most likely to whatever country at the time has the cheapest tickets. From island hopping in Thailand to backpacking from Greece to Amsterdam, I always take a walking tour and food tour

where ever I go! I love surfing, food, petting every dog I see, and whole heartedly believe everyday cannot start without coffee. As an AVID and 504 kiddo myself, I love to connect with students who don't get the answer the first time but stick around so we can figure it out together.

What's Up with Wellness?

Tam Wellness 101

What is the Wellness Program?

Tam High Wellness works with the Counseling Department to expand existing support services for students. We coordinate and provide mental health, sexual health and substance misuse services and programs for Tam students on campus. We offer direct services as well as prevention and education for students including health and wellness classroom presentations and school wide events. In addition, we provide district wide [parent ed events](#) on various Wellness topics.

What kinds of issues does Wellness address?

Stress	Pregnancy & Birth Control	Sexual Health
Depression & Suicide	Chronic Illness	Anxiety
Sexual	Drug & Alcohol Misuse	Peer Relationships
Orientation/Gender	Violence and Abuse	Cultural & Identity Exploration
Questions	Smoking & Vaping	Offsite Resources & Referrals
Sexual Harassment	Cessation	
Issues		
Family Issues		

What types of services are provided for students?

Students can participate in a variety of services including mental health and substance misuse counseling, sexual health services, support/empowerment groups, youth development opportunities, referrals to community agencies and more. Wellness services provided to youth are voluntary, free, and confidential!

How do I refer my student to the Tam Counseling and Wellness Program?

Caretakers can refer students via their School Counselor or can call or email Yvonne Milham, Wellness Coordinator at **415-380-3520** or email ymilham@tamdistrict.org. In addition, students can also self-refer or refer friends through their School Counselor or by coming directly to Wellness.

*** If you child is in crisis, please call 911 or take them to be evaluated by a medical or mental health professional**

Where is the Wellness Center located?

We are at the end of the hallway in Wood Hall (Room 128) next to the counseling office. Students may utilize the Wellness Center before school, after school, and during lunch and breaks. If they are experiencing emotions during class that are making it challenging to participate in learning, they may also ask their teacher if they can come to Wellness for a 15 minutes brain break. Wellness is a device free space during class time.

